

## Notice of Non-Discrimination

The health care providers at Menopause Northwest, LLC strive to treat all people equally. It is our policy not to discriminate on the basis of race, color, national origin, disability, religion, age, sex/gender, sexual orientation, gender identity and expression, marital status, veteran status, source of income, or any other basis prohibited by federal, state, or local law.

One way we do this is by helping people with Limited English Proficiency or people with visual or hearing impairments. Please tell us what kind of help you need, and we will provide you with free services, such as:

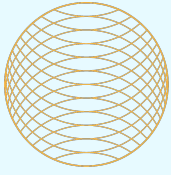
- Qualified language interpreters (including sign language)
- Translations of written materials (including alternative formats)
- Culturally appropriate assistance and care

If you think Menopause Northwest, LLC has discriminated against you because of your race, color, national origin, disability, religion, age, sex/gender, sexual orientation, gender identity and expression, marital status, veteran status, source of income, or any other basis prohibited by federal, state, or local law, please tell us immediately. Menopause Northwest, LLC also prohibits retaliation against any person who complains or participates in any investigation of discrimination. All concerns and complaints are reviewed.

*Complaints can be made in person, by email or by written mail to:*

*Menopause Northwest, LLC  
5935 SE Belmont St.  
Portland, OR 97215*

*You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at the following address:  
U.S. Department of Health and Human Services  
200 Independence Avenue, SW Room 509F, HHH Building  
Washington, D.C. 20201  
Phone: 1-800-368-1019, 800-537-7697 (TDD)*



## Notice of Non-Discrimination

### Arabic

ةغلا ركذأ ثدحتت تنك اذا،  
ةظوحلم:  
كل رفاوتت ةيوغلا ةدعاسلما  
تامدخ نإف  
مقرب لصتإ 503-988-5488.  
ناجلماب  
7-1-1( مكبلو مصلا فتاه مقر

### Chinese

注意：如果您使用繁體中文，  
您可以免費獲得語言  
援  
助服務。請致電 503-988  
5488 (TTY: 7-1-1)

### Hindi

ध्यान ि: ुदि आप नहीं बोलते  
हैं तो आपके नलए मुफत में  
भयाषया  
सहयातया सेवयाएं उपलब्ध हैं।  
503  
988-5488 (TTY: 7-1-1) पर  
कॉल करें

### Korean

주의: 한국어를 사용하시는  
경우, 언어 지원 서비스를  
무료로 이용하실 수 있습니다.  
503-988-5488 (TTY: 7-1-1)  
번으로 전화해 주십시오.

### Lao

ໂປດ ຊາວ: ຖ  
ວ່າ ທ່ານ ເວົ້າ ພາ  
ສາ ລາວ, ການ ບໍ່ ລິ ການ ຊ່ວຍ ເຫຼືອ  
ດ້ າ ນ ພາ ສາ, ໂດຍ ບໍ່ ເສັ ງ ຄ່ ຳ, ແມ່ນ ມີ  
ພ້ ອມ ໃຫ້ ທ່ານ. ໂທ 5 503-988  
5488 (TTY: 7-1-1).

### Nepali

ध्यान दिनुहोस्: तपया ंइले नेपयाली  
बोलनुहुन्छ भने तपया ंइको ननम्त  
भयाषया सहयातया सेवयाहरू  
नन:शुलक  
ूमया उपलब्ध ुछ । फोन गनुनुहोस्  
503-988-5488 (दिदिवयाइ: 7-1-1)

### Romanian

ATENȚIE: Dacă vorbiți  
limba română, vă stau la  
dispoziție servicii de asistență  
lingvistică, gratuit. Sunați la  
503-988-5488 (TTY: 7-1-1).

### Russian

ВНИМАНИЕ: Если вы  
говорите на русском  
языке, то вам доступны  
бесплатные услуги  
перевода. Звоните 503-  
988 5488 (телетайп: 7-1-1)

### Spanish

ATENCIÓN: Si habla  
español, tiene a su  
disposición servicios  
gratuitos de asistencia  
lingüística. Llame al 503  
988-5488 (TTY: 7-1-1).

### Swahili

KUMBUKA: Ikiwa  
unazungumza Kiswahili,  
unaweza kupata, huduma za  
lugha, bila malipo. Piga simu  
503-988-5488 (TTY: 7-1-1).

### Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng  
Việt, có các dịch vụ hỗ trợ  
ngôn ngữ miễn phí dành cho  
bạn. Gọi số 503-988-5488  
(TTY: 7-1-1).

### Amharic

ማስታወሻ: የሚናገሩት  
ቋንቋ ኦማርኛ  
ከሆነ የትርጉም አድጋሚ አገልግሎት  
በነጻ ሊያገኙዎት ተዘጋጅተዋል።  
ወደ ሚስተለው ቁጥር ይደውሉ  
503-988-5488  
(መስማት ለተሳናቸው: 7-1-1).

### Omoro

XIYYEEFFANNAA: Afaan  
dubbattu Oroomiffa,  
tajaajila gargaarsa afaanii,  
kanfaltiidhaan ala, ni  
argama. Bilbilaa 503-988  
5488 (TTY: 7-1-1).

### Farsi

يم وگتفگ يسراف نابز هب رگا  
هجوٹ:  
يارب ناگيار تروصب ي نابز  
تلايهست، دينک  
اب. دشاب يم 503-988-5488  
مهارف ماش  
(TTY: 7-1-1) ديریگب ساتم.